



BENEFITS CHECK UP SCREENINGS ARE OFFERED AT THESE LOCATIONS:

- Bedford Heights 440-786-3208
- Broadview Heights 440-526-4685
- Cuyahoga County DSAS 216-420-6700
- Euclid Senior Program 216-289-2985
- Fairview Park 440-356-4463
- Lakewood West 216-521-1515
- Maple Heights 216-587-5481
- MetroHealth Advantage 216-957-2800
- Parma Senior Center 440-885-8800
- Shaker Heights 216-491-1351
- Solon Senior Center 440-349-6363
- Strongsville 440-580-3275

ROSE CENTERS OF GREATER CLEVELAND

- James H. Woods 216-781-7236
- Lake Shore Center 216-481-0631
- Ernest J. Bohn 216-231-2733
- Oakwood 440-232-9907
- Gunning Park 216-267-9945

COLLABORATIVE PARTNERSHIPS

- Community Housing Solutions
216-231-5815
- Cuyahoga County Public Library
216-398-1800
- Cuyahoga County Veterans Service Commission
1-866-915-8387



Division of Senior and Adult Services
13815 Kinsman Road
Cleveland, Ohio 44120
216-420-6750
www.dsas.cuyahogacounty.us



Cuyahoga County
TOGETHER WE THRIVE

**INFORMATION SERVICES
AGING AND DISABILITY RESOURCE NETWORK**

Division of Senior and Adult Services

TOGETHER WE THRIVE

SERVICES AND SOLUTIONS FOR BETTER LIVING
Cuyahoga County Division of Senior and Adult Services
13815 Kinsman Road | Cleveland, Ohio 44120
Intake Line: (216) 420-6700
Fax: (216) 420-6735

TOGETHER WE THRIVE

www.dsas.cuyahogacounty.us

See what you've been missing!
www.benefitscheckup.org/link/cuyahoga

At Cuyahoga County Division of Senior and Adult Services, we know that older adults face ever-increasing costs for health care, utilities, and prescription medicine. There are numerous government and community benefit assistance programs that can help seniors reduce these expenditures. But, until recently, information about these programs was not readily accessible.

Benefits Check Up has made it possible to locate information about federal, state, and Cuyahoga County benefit programs via the internet.

We hope all our older residents will take advantage of this outstanding resource.

Richard L. Jones, Ph.D., Administrator,
Division of Senior and Adult Services

FIND OUT IF YOU ARE ELIGIBLE FOR:

- Prescription Drug Discounts
- Health Care Benefits
- Property Tax Discounts
- Home Energy Assistance Programs
- Financial Assistance
- Telephone Discount Programs
- Housing Assistance
- Legal Services
- Home Support Services
- Nutrition Programs
- Senior Employment Services



WHAT IS ADRN?

DSAS' Information Services Unit is a partner with the Aging & Disability Resource Network (ADRN) of the Western Reserve Area Agency on Aging (WRAAA).

By connecting partners, Benefits Specialists and Options Counselors can assist seniors 60 and older and adults with disabilities identify potential benefits, services and resources that support their independence by linking them to organizations that can help. Benefits Assistance and Options counseling screen clients for eligibility for public benefits and guide them through the application process. Anyone can contact the ADRN, regardless of age, financial status or care giving role.

<http://dsas.cuyahogacounty.us/en-US/home.aspx>

IT'S FAST, SAFE, AND IT'S FREE!

Benefits Check Up is a web-based program for adults 55+ developed by the National Council on Aging.

By completing the Benefits Check Up questionnaire, adults can quickly identify assistance programs for which they may qualify. Benefits Check Up is also a great tool for long distance caregivers. They can complete the questionnaire for loved ones who live in another city or state, since benefit assistance programs are identified by zip code.

WHAT IS INFORMATION ASSISTANCE?

Information Assistance (I&A) is a service for adults with disabilities, older adults, their families/caregivers and professionals that involves:

- identifying issues, strengths and preferences to maintain independence.
- opening doors and linking with the array of services that support community living, economic security, health and wellness.

The components of the I&A process are:

- Establishing Rapport
- Gathering Information
- Exploring options
- Selecting providers
- Making seamless referrals
- Following up

Advocacy and system development I&A occur both via the DSAS Intake Unit and Information Services Programs

WHAT IS BENEFITS ASSISTANCE?

Benefits Assistance is a service to help find and enroll seniors and adults with disabilities with limited income into benefits programs for which they are eligible, so they can remain healthy, secure and independent.

WHAT IS OPTIONS COUNSELING?

Options counseling is a person-centered process whereby individuals, family members and/or significant others are supported to develop a plan for addressing long term services and supports need that aligns with their preferences, strengths, values, and needs. Options Counselors:

- Conduct a person-centered interview to discover what is important to and important for the individual, help them identify and weigh available options and make decisions,
- Assist in developing a person-centered plan detailing the individual's decisions, immediate next steps and long term objectives,
- Assist the individual to connect with public and privately funded services and needed, and
- Follow-up over time to ensure individuals are meeting their objectives and accessing desired services.